

## Why Seek Therapy?

Conflicts in relationships.  
Life transitions. Emotional crises.  
Adolescent issues. Family conflicts.  
Physical illness and disability.  
And many more...

**Sometimes life challenges are exciting.  
Sometimes they're frightening.**

Often we can benefit from  
help and support  
as we strive to master them.

Renaissance Therapy Clinic  
offers a wide range of counseling,  
psychotherapy, neurotherapy  
and cognitive training services  
for families and individuals.

Goals and objectives are mutually  
set by you and your therapist  
to assist in enhancing  
a sense of vision, choice,  
inspiration, and strength.

## What Is Neurotherapy?

Neurotherapy is a safe, drug-free,  
painless, non-invasive procedure.  
Neurofeedback uses weak  
electromagnetic radio wave energy  
to gently reduce or eliminate  
irregular brainwave patterns  
associated with certain disorders.

**Neurotherapy  
is a drug-free treatment  
with long-term results  
and no side effects.**

Neurotherapy acts as a catalyst to  
release and restore the brain's  
own capacity for self-regulation.  
Once released, the brain has  
an amazing capacity to restore  
its own clarity and sense of ease.  
Individuals recognize an enhanced  
ability to initiate activities,  
to organize, and to regulate  
depression, explosiveness,  
and/or anxiety.

## Treatment Protocol

Blending evidence-based  
cognitive interventions  
with neurofeedback,  
individuals are empowered  
to resolve their mood  
and/or anxiety problems  
without or with a  
reduced amount of medication.

### Therapeutic Applications

- ✓ ADD/ADHD/ASD
- ✓ Bi-Polar
- ✓ Depression
- ✓ Anxiety
- ✓ Stress
- ✓ Addictions
- ✓ Fibromyalgia
- ✓ Conduct Disorders
- ✓ Learning Disabilities
- ✓ Sleep Disorders
- ✓ Post-Traumatic Stress Disorder
- ✓ Obsessive Compulsive Disorder

## Renaissance Therapy Clinic

is dedicated to facilitating individual growth and empowerment through evidence-based counseling and neurofeedback, blending state-of-the-art technology with a holistic treatment approach. Finding the right professional is of utmost importance. With the wide range of disorders, as well as the uniqueness of symptoms in each person, treatment should be individualized to the specific needs of the patient. Acknowledging the uniqueness and complexity of every person, we implement multiple modalities to design treatment specific to the individual, emphasizing the mind-body connection as a self-healing and self-regulating system.

## How Much Does It Cost?

Fees, insurance coverage, and billing will be discussed prior to your first appointment. We participate with numerous insurance plans.

If you do not have health insurance or choose not to use your insurance coverage, we are willing to work with you to create an affordable payment plan.

We strive to make services convenient.

Weekday evening and weekend hours available.

Renaissance Therapy Clinic  
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*Conveniently located on  
Northwestern Highway  
Just south of 13 Mile Road*

[www.rentherapy.com](http://www.rentherapy.com)

# RENAISSANCE THERAPY CLINIC



Empowerment  
for  
Positive Change