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'Will Power': Why It Works for Women

Where there's a will, there's a way.

That is, there's a way to take charge of where your hard-earned money goes, a way to support the people and organizations that you care about, and a way to establish an effective estate plan.

"No matter what your age, marital status or life situation, having a will is the way to go."

No doubt about it - no matter what your age, marital status or life situation, having a will is the way to go.

But don't just make one and then leave it alone. With many women living into their 80's and even 90's, the years go by and life changes can happen. It's important to remember that those changes need to be reflected in your will. To make sure yours stays up to date, have an attorney review it periodically and make updates.

MultiCare Health System's Office of Philanthropy offers a free brochure detailing the benefits enjoyed by women with wills. To get a copy, visit www.multicare.org or call 253-403-1264.