

“Whatever appeals to you about a nursing career, you'll have the chance to explore a whole range of possibilities...”

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MultiCare Health System's
Nurse Camp

Your chance to get a firsthand look at a nursing career!

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Curious about Nursing?

Maybe it's the adrenaline rush of emergency care that attracts you. Or the chance to nurture fragile 'preemie' babies back to health.

Whatever appeals to you about a nursing career, you'll have the chance to explore a whole range of possibilities at MultiCare Health System's first-ever Nurse Camp.

At Nurse Camp, you'll join professional nurses as they care for patients in the Emergency Department, Intensive Care Unit, and Surgical Care areas. You'll observe actual operations and participate in mock emergencies. In short, you'll get a firsthand, behind-the-scenes look at the multi-faceted world of nursing. What's more, this opportunity is absolutely free!

Nurse Camp offers four full days of education, observation and participation in the daily activities of professional nurses. Day Five is Graduation Day, complete with a ceremony and certificates. In less than one week, you will have gained irreplaceable insights about nursing -- in an actual hospital setting!

Every Nurse Camp participant will receive CPR First Aid certification, a pair of nursing scrubs and a stethoscope...free!

How to Sign Up

We're looking for motivated high school freshmen and sophomores interested in learning more about a nursing career. To get an application, check with your school counselor or career

counselor, or download a copy from our web page at www.multicare.org.

A maximum of 30 participants will be chosen. Your application (including an essay) must be received by *Thursday, April 15, 2004*. We will notify you by May 14, 2004 if you have been accepted to Nurse Camp.

Please note that participants are expected to take part in *all* Nurse Camp activities. If your application is accepted, please be sure that your work or summer school schedules do not conflict with Nurse Camp.

Transportation and Meals

Participants will need to provide their own transportation to and from MultiCare's Tacoma General Hospital. Whenever other sites are visited as part of Nurse Camp, transportation will be provided.

A continental breakfast will be served for applicants on Day 1 and lunch will be provided on Days 1-4. We recommend that you bring extra money each day for snacks. Light refreshments will be served on Graduation Day.

Dates and Times

Days 1 - 4

Monday, July 12 - Thursday, July 15
8:00 am - 4:30 pm

Day 5 - Graduation Day

Friday, July 16
4:00 - 6:00 pm

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Areas you'll explore at Nurse Camp

At Nurse Camp, you'll learn firsthand about nursing specialties such as:

- Medical and Surgical Care
- Emergency Services
- Radiology
- Lab Services
- Pain Management
- Women and Newborn Services
- Neonatal (Infant) Intensive Care
- Physical/Occupational Therapy

For more insights, you'll also meet with nursing students at Tacoma Community College and Pacific Lutheran University to learn the details of earning a nursing degree.

About us...

MultiCare Health System is a locally based not-for-profit group of doctors, nurses, clinics and hospitals, dedicated to improving the health of the people of our community. At MultiCare, we offer all of the health services you and your family are likely to need: from personalized primary care to convenient after-hours services, from complete emergency care to the advanced treatments provided by our leading area hospitals - Tacoma General Hospital, Mary Bridge Children's Hospital and Allenmore Hospital.

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Nurse Camp is presented by **MultiCare Health System** in partnership with **Pacific Lutheran University and Tacoma Community College**.